

**LINDA L. BALEY, LPC 1751 River Run Suite 217 Fort Worth, Texas 76107**

voice mail 817-462-1448

e-mail: [linmunbal@earthlink.net](mailto:linmunbal@earthlink.net)

**Initial Intake Form**

To assist me in helping you, please fill out this form as fully and as openly as possible. All private information is held in the strictest confidence within legal limits. If certain questions do not apply to you, leave them blank. Please print clearly.

Today's Date \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name \_\_\_\_\_ Social Security # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (Please include cell/pager #'s if available) \_\_\_\_\_

Last Grade in school completed \_\_\_\_\_ Any Degree held \_\_\_\_\_

Place of Employment \_\_\_\_\_ How Long \_\_\_\_\_

Type of Work \_\_\_\_\_

Are you your own legal guardian (Please circle yes or no)

If not, please indicate the name \_\_\_\_\_

Other persons or places where we may contact you

Name \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Who should we contact in case of any emergency? \_\_\_\_\_

Phone # \_\_\_\_\_

Who is your family physician? \_\_\_\_\_ Phone \_\_\_\_\_

Do you have health insurance? \_\_\_\_\_ Policy # \_\_\_\_\_

Contact person \_\_\_\_\_ Phone # \_\_\_\_\_

Who referred you? \_\_\_\_\_

For what reason? \_\_\_\_\_

Are you currently working with other Agencies (MHMR/CPS/Probation/)

Contact person \_\_\_\_\_ Phone \_\_\_\_\_

Persons currently living with you

Name	Relationship/Age
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_____	_____
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_____	_____
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_____	_____
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if additional persons live with you, please list on the back of this page

Immediate family members not living with you

Name	Relationship/Age
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_____	_____
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_____	_____
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Current general physical health \_\_\_\_\_

Past hospitalizations, injuries, etc. \_\_\_\_\_

Have you been involved in any mental health counseling:

During ages 1-10 (Please circle yes or no)

When, where, for what reason \_\_\_\_\_

During ages 11-20(Please circle yes or no)

When, where, for what reason \_\_\_\_\_

During ages 20 on(Please circle yes or no)

When, where, for what reason \_\_\_\_\_

Have you ever undergone any psychological evaluations? \_\_\_\_\_

If yes, with whom and how long ago \_\_\_\_\_

Have you ever wanted to or planned to harm yourself or someone else

(Please circle yes or no)

If yes indicate the number of attempts and please describe

\_\_\_\_\_

Have you used or do you use any of the following

Tobacco \_\_\_\_\_ past \_\_\_\_\_ current

Alcohol \_\_\_\_\_ past \_\_\_\_\_ current

List other substance(s)

\_\_\_\_\_

Are you currently taking prescribed medications? \_\_\_\_\_

Medication  
Dosage/Frequency

Reason

Prescribing Physician

Medication Dosage/Frequency	Reason	Prescribing Physician

Have you ever had problems with or been bothered by any of the following?

If present, please circle one or two problems of most concern to you at this time

\_\_\_\_\_ Control of anger

\_\_\_\_\_ Concentrating

\_\_\_\_\_ Remembering things

\_\_\_\_\_ Becoming tired easily

\_\_\_\_\_ Getting along with others

\_\_\_\_\_ Depression

\_\_\_\_\_ Anxiety

\_\_\_\_\_ Sleep problems

\_\_\_\_\_ Muscle tension or soreness

\_\_\_\_\_ Uncontrolled or excessive worry

\_\_\_\_\_ Irritability

\_\_\_\_\_ Restlessness (feeling on edge)

\_\_\_\_\_ Mind "going blank"

\_\_\_\_\_ Rapid heart rate

\_\_\_\_\_ Pounding in chest

\_\_\_\_\_ Heartburn or stomach pain

\_\_\_\_\_ Uncontrolled feeling of happiness  
or euphoria

other \_\_\_\_\_

\_\_\_\_\_

**Have you ever been a victim of abuse**

**Physical** \_\_\_\_\_

**Sexual** \_\_\_\_\_

**Emotional** \_\_\_\_\_

**Are there issues that you feel you would like discussed in counseling and areas you would like to change?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for taking the time to complete all areas on this form**

**Please answer the following questions. This is an attempt to get to know you better and to identify other areas that may create difficulty for you in counseling/treatment if not known as yet.**

**Do you have a disability or have you ever been told that you have a disability?**

**Please circle yes or no**

**Do you frequently need people to repeat what they have said to you?**

**Please circle yes or no**

**Have you ever hit your head and lost consciousness?**

**Please circle yes or no**

**Have you ever been unemployed for a long period of time?**

**Please circle yes or no**

**Did you ever have special classes or tutoring in school?**

**Please circle yes or no**

**In a school or work setting, do you like to learn or learn best by**

\_\_\_\_\_ **Listening to someone talk**

\_\_\_\_\_ **Watching someone perform a task**

\_\_\_\_\_ **Reading on you own**

\_\_\_\_\_ **Performing tasks yourself**

\_\_\_\_\_ **Discussing things with another person**

\_\_\_\_\_ **Discussing things with a group of people**

**Have you had problems or difficulty with any of the following?**

\_\_\_\_\_ **Getting your point across to others**

\_\_\_\_\_ **Sitting Still**

\_\_\_\_\_ **Focusing on the task at hand for more than several minutes at a time**

\_\_\_\_\_ **Understanding the point that others are making to you or what others are saying to you**

\_\_\_\_\_ **Communicating your feelings to others**